

# SLIDING FILAMENT THEORY

- Muscles only pull ∴ work pains = **antagonistic muscles**  
(muscle bends (flex) = flexor muscle)  
straightens joint = extensor muscle

Role sarcopl. ret. in contrac<sup>n</sup>: (2)

- Ca<sup>2+</sup> ch open
- ↳ released ~sarcolemma
- bind tropinin ∴ tropomyosin moves
- ~ cross-bridge form

## PROCESS

- AP arrives motor end plate → diff Ca<sup>2+</sup> ~neurone → vesicles a-choline fuse presyn. memb
- Acetylcholine = released & diff across synaptic cleft
- Ach bind receptors sarcolemma → open Na<sup>+</sup> ch  
∴ Na<sup>+</sup> diff in → depol<sup>n</sup> (spreads along memb)
- AP spread along memb & down T-tubules
- Ca<sup>2+</sup> diff out sarcopl. ret
- ↳ bind troponin & shape  
∴ tropomyosin moves = expose myosin-bind. sites on actin filament.
- Myosin heads form cross-bridges w actin fil → ATP → ADP + Pi
- ↳ tilt ∴ move actin → centre sarcomere (shortens) = power stroke
- E from hydrolysis ATP cause myosin heads 'reset' o-G position w ATPase = break cross-bridge  
M-heads bind actin further along  
C) ratchet mov repeats

## ATP & ATPase

Uses ATP ∵

- actin-myosin cross bridges
- power stroke (mov. myosin heads) [hyd. ATP]
- Detachment myosin heads [new ATP attaches]
- recovery stroke (reset m-heads) [hyd. ATP]

ATPase · breaks ↓ ATP ∴ prod E

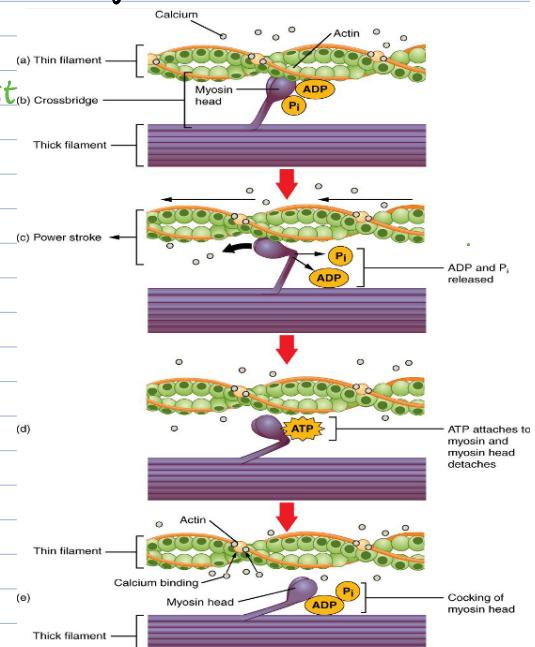
↳ to break actin-myosin cross-bridges

Q: Why max tension x when sarcomere length = shortest

- max tension = max interac<sup>n</sup>
- sarcomere shortest when overlap actin fil & length myosin ↓
- ↓ cross-bridges formed

Q: How sarcomere shortens

- act-my cross bridge formed
- tilt m-head
- pull actin closer (moves)
- req ATP
- process repeats = ratchet



# PRACTICAL

1. Fibres of fresh meat
2. In Ringer's soln (w glucose vs w ATP)
3. Place on microscope slide
4. Record Δ length (%)
5. Add 1 drop ATP soln
6. Control = distilled water

After death, cross bridges remain bound  
Suggest why:

- resp<sup>h</sup> stop
- x ATP prod
- = req for break cross bridges
- x Ca<sup>2+</sup> come

## Control:

- Ringer soln alone
- show it by self & cause contrac<sup>n</sup> (only w ATP)

## Method

1. Dil & 5 dil %
2. Control w Ringer's soln alone
3. Ruler mm measure Δ length fibres
4. Leave fibres 2 mins b4 ↑ (same time)
5. use same mass + SA fibres
6. add same vol ATP soln for each conc & add 1cm<sup>3</sup> on slide
7. ATP soln = irritant ∴ gloves
8. Repeat x 3 + mean.

## Why results may x be valid

- may be dead
- Δ thickness strips (variable length)

## Q: Tropomyosin role 'SFT'

1. covers my. binding sites on actin
2. When Ca<sup>2+</sup> bind troponin, tropomyosin moves
3. allow form cross-bridges (my. bind act.)

## Q: Role myosin 'SFT'

1. hyd ATP → ADP + Pi
2. ∴ m. head tilt
3. m. head bind act ∴ form cross-bridges w act
4. ADP & Pi detach
5. m. head swings back → prev. position
6. power stroke occurs (moves actin → ←)
7. (new) ATP binds
8. cross-bridges break (∴ m. head detaches from actin)

